

INSTITUTE OF HOTEL MANAGEMENT

CATERING TECHNOLOGY & APPLIED NUTRITION

P-16, TARATALA ROAD, KOLKATA - 700 088

Ref. No.: CT/AD-4(2)/19-20/914

Date: 30.08.2019

NOTICE

KIND ATTN: ALL THE 1ST YEAR STUDENTS

Mr. Suraj Seal from **DoubleXgrowth** will be conducting an awareness seminar on the following topics at our institute premises:

- i) Law of Attraction
- ii) Self-Awareness
- iii) Mind-Body Consciousness
- iv) The Science of Positive Thought

The seminar will take place on 03rd September 2019, 3:00 pm onwards at PA Koshy Auditorium.

Attendance is mandatory.

All 1st year faculty members are advised to be present at the session on the said day.


(Nisheeth Srivastava)

Principal